

NLP PRACTITIONER TRAINING AND ADVANCED COACHING SKILLS

WHAT IS THIS COURSE?

- A NLP practitioner certification and advanced coaching skills course for coaches

WHEN AND WHERE IS THIS COURSE?

- 7th, 8th, 9th, 14th, 15th, 28th, 29th, 30th JUNE
- At leMeriden Hotel Piccadilly

WHAT ARE THE BENEFITS I WOULD GET?

- A NLP practitioner certification
- A new range of techniques to enable you to be effective, and create more success with your clients
- Integrate and consolidate all your past experience and learning as a coach - through new perspective, abilities, and confidence
- Personal development - greater understanding of what you want to be and do, increased self confidence and clarity
- Through the understanding of the concepts and principles of NLP increase your overall ability to communicate, influence others and 'deal ' with the world whether they be clients or anyone else!

WHY IS THIS COURSE DIFFERENT TO OTHER NLP COURSES?

- This is course **specifically for coaches** – you will be among your peer group, and be able to identify and share best practice.
- The course is run by experts in NLP who themselves are experienced coaches
- As result of this, all examples and exercise will be coaching based and related
- The course will cover specific techniques that you can learn to use with your clients, increasing your ability to work with clients of broader range of issues
- The course number will be limited to ensure that every attendees get effective and personal time from the course trainers. There will be at least one trainer for every 6 delegates.

WHY WOULD I AS A COACH WANT TO COME ON THIS COURSE?

Quite simply you will become a better coach – though a combination of the following:

- Learning and experiencing new specific techniques that you can use with your clients to create a more successful and rapid outcomes for them
- By learning and experiencing new skills and understanding about how you communicate, building relationships and influence people
- By increasing your confidence and focus as a coach

COURSE APPROACH

- A highly interactive, informal and flexible learning environment
- Tailored and personal to the course attendees
- Using NLP to learn NLP, with a degree of unconscious installation

WHAT SPECIFICALLY ARE THE NLP TECHNIQUES WILL I LEARN & EXPERIENCE?

- a) Understanding how to use internal representation for change
 - The visual swish
 - Negative Dialogue buster
 - Spinning feelings
- b) Anchoring state
- c) Fast Phobia Cure
- d) 6 Step Reframe
- e) Timeline – basic techniques
- f) Eliciting someone’s strategy for state creation modeling

WHAT SPECIFICALLY ARE THE NLP CONCEPTS AND PRINCIPLES I WILL LEARN & EXPERIENCE?

- a) Presuppositions of NLP
- b) How to establish and maintain rapport -Sensory awareness and calibration
- c) Representational systems - language patterns
- d) Understanding 'map of the world'
- e) Meta programs
- f) (re) Framing
- g) Logical levels
- h) Perceptual positions
- i) Well formed outcomes
- j) Influential language
- k) NLP questions for belief change

HOW DOES THIS HELP ME BECOME A BETTER COACH?

All the techniques skills and understand, and experience of the above to apply in your coaching practice PLUS

- How to deal with difficult clients (various topics)
- Belief change – the obstacle remover
- Putting it all together - science or intuition
- Who I am as a coach?
- How to manage my own state
- Alternate coaching models
- The use of metaphor

WHO IS IT RUN BY?

- The course is designed, developed and run by lead NLP society accredited trainer Piers Thurston with the support and input of master practitioner Jonathan Pilgrim

PROFILE:



Piers Thurston is a licensed Trainer of NLP from the society of NLP and trained under Richard Bandler himself. Piers is a trained and registered hypnotherapist with the GHR has been established personal development coach for over 6 years (see www.feelhappynow.co.uk, www.makingchangework.co.uk) having trained with coaching academy. Before becoming a one-on-one coach Piers ran a teambuilding business and worked as a branding consultant. He also is one of Catalyst Business Dynamics lead coaching skills training providers and mentor coaches.

HOW MUCH WILL IT COST?

8 Days = £1,800